

PILGRIM ORIENTATION
ANGLICAN 4TH DAY



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4th Day Pilgrim Orientation

The purpose of this presentation is to give an overview of Anglican 4th Day and to orient those who are joining the 4th Day Movement and going on or considering going on a 4th Day weekend.

What is Anglican 4th Day?

The Anglican 4th Day is a worldwide movement of the Christian church, which seeks to bring parishioners to Christ through Christian communities in action. It proposes no new type of spirituality, but simply a method by which one's spirituality can develop and grow and be shared. Anglican 4th Day works to form groups of men and women who are Christian leaders and who will provide backbone for Christian life in their church, community and in the world. Anglican 4th Day is designed to make it possible to live in what is fundamental to being a Christian – to live in union with Christ and to share Christ with others. The mission of 4th Day is to “equip disciples for Christ.”

The Three Day Weekend

The three-day weekend provides a living experience – meeting Christ and meeting fellow Christians and sharing Christ with them. It begins on a Thursday evening and ends on the following Sunday evening. During these three days, those attending live and work together, listening to and discuss talks given by the clergy and laity. The talks on the weekend are to present a vision of the Christian life and, therefore are not intended to be an introduction to Christianity or a summary of all-Christian doctrine.

Atmosphere of the weekend

The atmosphere of a 4th Day weekend differs from the individual solitude of a retreat. During the three days the teachings of Christ are discussed in a climate of joy. The talks and discussions are interspersed with prayer, Eucharist, songs, recreation, laughter and moments of reflection and silence. There is nothing dull about a 4th Day weekend! It is full of work enjoyed in the name of Jesus Christ. It is a joyous workshop in the fundamentals of our Christian faith where everyone learns by experiencing a living Christian community.

Encounter with Christ

A 4th Day weekend is an encounter with Christ. If that is understood, then the power, beauty and joy of the 4th Day movement will be understood. The 4th Day method described on the weekend provides a means to continue in Christian growth after the weekend. The resulting Christian community is a group of men and women who live the Christian life, linked



with Christ and supporting one another in their environment. This support is found in two post-4th Day activities. Individuals meet frequently in small groups with close friends for mutual sharing, encouragement and support. The larger Anglican 4th Day Community comes together in monthly “Ultreyas” meetings for worship, sharing and fellowship.

After the weekend

After the weekend you will become part of community of Christians who support one another in their Christian life. This will be done through small groups with sharing, prayer and spiritual support.

4th Day experience

The 4th Day experience includes the weekend, Ultreyas and grouping. The three-day weekend at Camp Suwannee is only the beginning is designed to start your 4th Day experience. When you return from the weekend you will start the “rest of your life.” In other words, your 4th Day! You will be asked to join a small group of 3-5 men or women and to meet at least once a week. These groups serve three purposes. They are a prayer group, a support group and an accountability group. The groups are permanent and ongoing. Periodically, Ultreyas are held. Ultreya are area meetings of several churches and gives everyone a chance to meet fellow 4th Dayers outside of their own churches.

Location

Each diocese or are should enter the dates for their weekends for a minimum of one year and two if they are available. This will allow Pilgrims to be better able to plan their schedules.

Cost of the weekend

The cost of the weekend is \$_____ for each person attending. This is to pay for three nights lodging, eight meals, snacks and supplies for the weekend. A real bargain! There are scholarships available. For more information about the scholarships, contact your parish 4th Day Coordinator.

Before the weekend

Your sponsor has been to 4th Day and is to help you before during and after your 4th Day weekend. The primary responsibility of your sponsor is to pray for you. They will also provide transportation to and from Dow the weekend and buy you dinner going to and returning from the weekend. They will assist you with any home needs and responsibilities while you are away. They are investing their prayers, time and money in your spiritual future. If you need anything at all, just ask.



Post weekend

After you return from the weekend, you will be asked to join a small prayer group. This group is to help you keep your 4th Day experience going long after the weekend is over. Your sponsor will group with you until you can find a permanent group. That might well be with your sponsor. They will take you to the welcoming Ultreya after the weekend over. They will attend three Ultreyas with you. And, they will continue to pray for you and look after you for years to come.

Group endeavor

The 4th Day is a group endeavor. One of the primary goals of 4th Day is to develop a community of Christians working together. Everything on the weekend and afterward is done as a group. This is the beginning of your Christian community in action.

What to bring

The weekend is very casual. So bring comfortable clothing, raingear and a jacket if the weather is cool. Comfortable walking shoes are recommended. You might also want to bring a flashlight. Towels, soap, toothpaste and other toilet necessities are also needed. You will be furnished sheets, a blanket, pillow and pillowcase. If you have special needs for sleeping arrangements, you will be accommodated. Just let your sponsor know in advance.

Bring if you wish

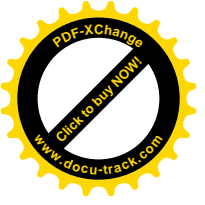
You may bring a bible and/or a prayer book if you wish. However, you will not have much time for them. Your weekend will be full! Do not bring your cell phones, computers or radios. Your full concentration on the weekend is needed. The team will to contact you in case of an emergency at home or work. The camp provides sheets, blankets and a pillow.

How to apply for a weekend

Applying for a weekend is easy. Your 4th Day parish coordinator has applications and will assist you in completing them. Applications are not for a specific weekend. You will be called to go when you are supposed to be there. You will go in God's time. Deadline for applications is usually one month in advance of the weekend. Your 4th Day coordinator will also help you to find a sponsor.

Dates for 2010

Each Diocese or area should enter the dates of their weekends for a minimum of one year ahead.



Equipping disciples for Christ

The end of the weekend is just the beginning of your 4th Day, the rest of your life! You will join an Anglican community of Christians who are "disciples for Christ."

Additional information

Your parish 4th Day Coordinator has additional information about 4th Day. You may also find information about 4th Day happenings nationally by looking on the 4th Day website.

www.anglican4thday.com